

September 8th, 2025 3:00 PM – 4:00 PM Zoom

TCB School-Based Workgroup September Meeting Agenda

- Welcome
- TCB Updates
 - Workgroup Updates
 - o TCB Monthly Meeting Updates
 - o Brief Overview of Legislation Assigned to Workgroup
 - Next Steps: Subgroups
- Shared Learning and Resources
- Discussion: Infographic Draft
 - Update: TCB Tri-chairs confirmed our scope is school behavioral health specifically, not school health more broadly
 - Seeking feedback on adopting the national <u>Comprehensive School- Mental Health</u>
 <u>Systems (CSMHS)</u> Definition in use throughout CT including at the <u>Children's</u>
 <u>Health and Development Institute (CHDI)</u>
- Presentation: Kids in Crisis Teen Talk Program
 - o Q&A

School-Based September 8th, 2025 3:00 PM – 4:30 PM Zoom

September TCB School-Based Meeting Summary

Attendees:				TYJI Staff
Dr Elizabeth Connors	Kris Robles	Melanie Wilde	Michael Powers	Erika Nowakowski
Latoya Hinton	Katerina Vlahos	Drew Lavallee	Dana Bossio	Emily Bohmbach
Ellen Brezovsky	Rebekah Behan	Christine Velasquez	Robyn Moran	Jacqueline Marks
Pam Neleber	Shari. L Shapiro	Denise Qualey	Susan Israel	Stacey Olea
Edith Boyle	Melissa Hannequin	Heather Dawson	Lisa Morrissey	
Melanie Bonjour	Ann Gionet	Marissa Mangone	Kate Bohannan	
Jennifer Nadeau	Victor Rios	Allison Whitman		

Agenda

- ***** Welcome and Ice breaker
- **Administrative Updates**
 - ➤ Workgroup and TCB Monthly Meeting Updates
 - > TCB School-Based Subgroups
- **Shared Learning and Resources**
- **❖** Infographic Draft Review
- **❖** Presentation: Kids in Crisis Teen Talk Program

Meeting Summary

a. Workgroup and TCB Monthly Meeting Updates

- a. The TCB Senior Project Manager provided updates on the upcoming TCB monthly meeting scheduled for September 17th.
 - i. The meeting will take place both in person and via Zoom. Attendees can expect presentations from the Connecticut State Department of Education (CSDE), updates from The Department of Social services (DSS), and information regarding the TCB Children's Behavioral Health Provider survey and the Office of Health Strategy's (OHS) Children's Behavioral Health Survey.
 - ii. The senior project manager also advised the committee on the upcoming workgroup meeting dates for Services, Prevention, and System Infrastructure Workgroup.

b. TCB School-Based Subgroups

- c. TCB Senior Project Manager provided an overview on the different subgroups that will be enacted to lead legislation passed in 2025. These subgroups originated from HB 7287, Section 369; HB 5001, Section 14; and HB 6951.
 - i. School Behavioral Health Services Billing Review: A collaborative effort with CSDE and DSS to develop a framework and operational guidelines to streamline municipal Medicaid billing for Medicaid-eligible school-based behavioral health services.
 - ii. Behavioral Health in Special Education Students: will lead efforts to complete and submit a report to both the Education and Children's Committees to examine and provide recommendations on behavioral health issues.
 - iii. School-Based Health Center (SBHC) Study Subgroup: will lead the efforts of the SBHC study that TCB included in the 2025 recommendations.

b. Shared Learning and Resources

- a. TYJI Staff, as well as the workgroup co-chairs, provided an overview of the "Network resources folder" in the school-based_OneDrive_Committee members who wish to share network resources or events are encouraged to contact the Senior Project Manager and the Co-chairs via email.
 - i. A workgroup member provided an overview of a op-ed that was recently published on her experiences with mental health, self-advocacy and how she navigated the system.
 - ii. The Connecticut Association of School Based Health Centers (CASBHC) provided information about their upcoming 2025 conference, and a link was provided to register.
 - *iii.* A Workgroup Co-chair also provided the workgroup with a resource on a research study with Yale and Columbia on looking into measurement-based care as a candidate clinical practice to improve engagement in treatment services for racial and ethnic minoritized adolescents who are experiencing mood-related symptoms.

c. Infographic Draft Review

- a. The Co-chairs presented a preliminary version of the SBHC infographic aimed at assisting families, state agencies, and providers while enhancing the understanding of school behavioral health. Additionally, the workgroup co-chairs provided insight from a meeting with the tri-chairs and clarified that the workgroup will be focusing on school behavioral health services. The meeting was open to feedback from the workgroup on the infographic.
 - i. A workgroup member noted that educators are familiar with the "how services provided" triangle so it would be helpful to explain what schools provide versus community-based organizations, as opposed to only

- universal promotion and prevention. This will provide concrete operationalized examples of what is available when families need support.
- ii. Additionally, a workgroup member asked for clarity on the audience of the infographic. She asked if it is intended as a tool for parents, caregivers, and the community or if it is a tool for the workgroup and legislators.
 - 1. A co-chair replied that she does not believe it is not just set for either, but the infographic is intended to be aligned statewide within the community to be shared.
- iii. Another workgroup member added there needs to be more clarity internally before the infographic is distributed externally. She explained there can be different versions. Additionally, the workgroup member highlighted that legislators will ask specific questions during the legislative session about school-based health so this infographic can be a great tool to level set and educate legislators.
- iv. A workgroup co-chair asked the workgroup members if they preferred to use the terms: school mental health, school behavioral health, or comprehensive school mental health system.
 - A workgroup member answered that comprehensive school mental health system is updated and providers who include culturally affirming mental health in their trauma space use that term. It opens the infographic up for a holistic take on how to support marginalized students.

d. Kids In Crisis – Teen Talk Program Presentation

- a. Kids in Crisis began their presentation by outlining the services they offer to children and families, along with a concise summary of their history and the ways they assist their community. The presenter elaborated that TeenTalk is a program staffed by master's level mental health counselors who are assigned to schools and are available in multiple locations throughout Connecticut, including Greenwich, Newtown, Darien, Norwalk, Ridgefield, Stamford, Westport, and Wilton, which serves both schools and community organizations.
 - i. The presenter further elaborated that the TeenTalk programs offer free services to youth and families, emphasizing parental involvement while maintaining confidentiality.
 - **ii.** Additionally, the program offers flexibility to meet outside of school settings, focusing on the general education population- this approach helps relieve some of the burden on school mental health providers and counseling staff.
 - **iii.** TeenTalk operates a 24/7 helpline and is accessible after school hours, on holidays, weekends and during school breaks. They also provide expedited access to Kids in Crisis outreach and respite services, utilize the Ohio

Scale for pre- and post- evaluations, and the SBIRT tool to assess substance misuse.

e. **Q&A**

- a. A few inquiries were directed at the presenter, covering topics such as the sources of funding, whether it originates from state or federal allocations to schools, and the process through which children are referred to the TeenTalk program, as well as the eligibility for applications.
 - i. In response, the presenter advised that funding is derived from the school's budget, the board of education, or the town's budget, and any student is welcome to apply, provided there is a referral from a teacher or counselor.

Next Meeting is October 6th at 3:00 PM



TCB September School Based Workgroup

September 8th, 2025

TCB Monthly Meetings

TCB Meetings are hybrid and held monthly in the Legislative Office Building (LOB) and on zoom. All meetings are recorded and streamed on the TYJI YouTube Channel and through the Connecticut News Network (CTN)

Meeting Materials are posted on the <u>TCB's Connecticut General Assembly (CGA)</u> website prior to the Monthly meeting

September TCB Meeting:

The September TCB Meeting will be held from **2:00-4:00PM on September 17th**. This meeting will be held in the LOB with a zoom option. The TCB will have a presentation from CSDE, updates from DSS, and updates on both the TCB Children's Behavioral Health Provider Survey, as well as OHS's Children's Behavioral Health Survey.



Workgroup Upcoming Meeting Dates

TCB Workgroup	Upcoming Meeting Date
Services Workgroup	September 10th, 2-3:30PM (ZOOM)
Prevention Workgroup	September 18th, 3-4:30PM (ZOOM)
System Infrastructure Workgroup	September 16th, 3-4:30PM (ZOOM)

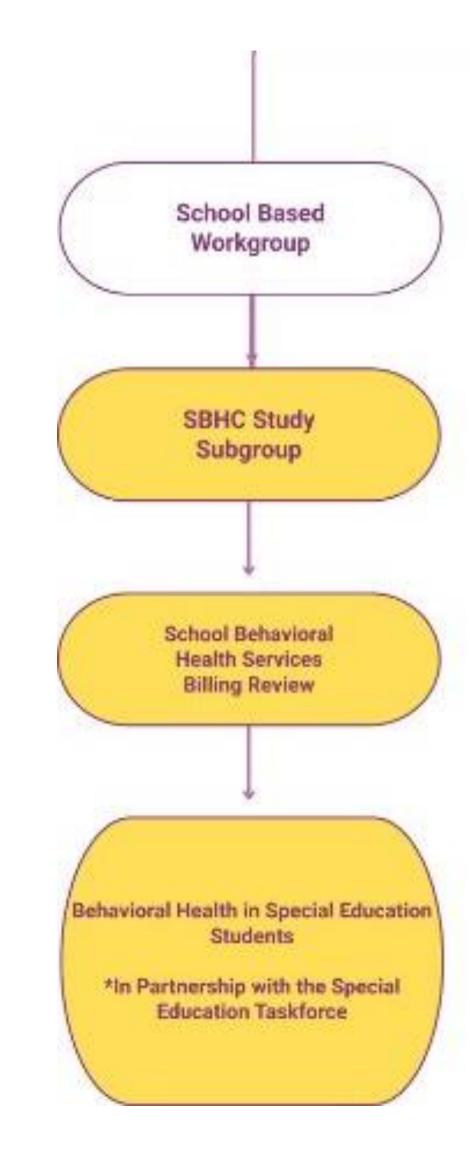


TCB School Based Studies

The TCB School-Based Workgroup will establish three subgroups to lead the studies outlined in both the TCB Legislative Recommendations and the legislation enacted during the 2025 session. These subgroups will regularly report back to the main workgroup with updates and progress on the studies.

Subgroups:

- School Behavioral Health Services Billing Review
- Behavioral Health in Special Education Students
- School Based Health Center (SBHC) Study Subgroup





School Behavioral Health Services Billing Review Subgroup

DRAFT Intent of the Workgroup/ Background Information: The TCB School Based Billing Review Subgroup will lead the efforts of the School Behavioral Health Services Billing Review that was passed in 2025 legislative session. This would ultimately require the TCB to collaborate with CSDE and DSS to develop a framework and operational guidelines to streamline municipal Medicaid billing for Medicaid-eligible school-based behavioral health services. The subgroup will work in collaboration with CSDE, DSS, OHS, and other identified individuals needed to complete the review. This subgroup will sunset upon completion of its goals.

Legislation from HB 7287, Sec 369:

Sec. 369. Not later than September 1, 2026, the Transforming Children's Behavioral Health Policy and Planning Committee, in collaboration with the Departments of Education and Social Services, shall develop a framework and operational guidelines to streamline Medicaid billing by municipalities for Medicaid-eligible school-based behavioral health services. Not later than October 1, 2026, the committee shall file a report, in accordance with the provisions of section 11-4a of the general statutes, on the framework and operational guidelines with the joint standing committees of the General Assembly having cognizance of matters relating to appropriations and the budgets of state agencies, education and human services.



Behavioral Health in Special Education Students Subgroup

DRAFT Intent of subgroup/ background information: The Behavioral Health Issues in Special Education Subgroup will lead the efforts to complete and submit a report to both the Education and Children's Committees that examines and provides recommendations about behavioral health issues affecting special education students as identified in legislation passed in 2025. This subgroup will sunset upon completion of its goals.

Legislation from HB 5001, Section 14: Not later than **January 1, 2027**, the Transforming Children's Behavioral Health Policy and Planning Committee shall submit a report, in accordance with the provisions of section 11-4a, to the joint standing committees of the General Assembly having cognizance of matters relating to education and children.

Such report shall consist of the committee's examination of and recommendations for behavioral health issues impacting students in the state receiving special education that includes, but is not limited to, the following: (A) The behavioral intervention methods utilized by private providers of special education services and the feasibility and impact of requiring such private providers to utilize evidence-based interventions that are proactive and highly individualized, such as the Assessment of Lagging Skills and Unsolved Problems, including, but not limited to, the feasibility and impact of requiring staff at such private providers to be trained in such evidence-based interventions with an emphasis on problem-solving as the primary goal; and (B) Best practices for the monitoring and random audits by the Department of Education of the use of physical restraint and seclusion pursuant to section 10-236b for students receiving special education, including, but not limited to, best practices for (i) ensuring the accuracy and consistency of the annual compilation of incidents of physical restraint and seclusions reported to the department pursuant to subsection (I) of said section, (ii) intervention by the department in schools and special education programs that report a high incidence of physical restraint and seclusion, (iii) enforcement of the laws relating to physical restraint and seclusion, such as through site visits of seclusion spaces and review of incident reports and parental notifications, (iv) mandatory training of staff and administrators to reduce reliance on physical restraint and seclusion, and (v) development of uniform rules or regulations applicable to physical restraint and seclusion of any student.



School Based Health Center (SBHC) Study Subgroup

DRAFT Intent of Subgroup/ Background Information: The TCB School Based Health Center (SBHC) Study subgroup will be formed to lead the efforts of the School Based Health Center study that TCB included in their 2025 recommendations in brief. This subgroup will sunset upon completion of its goals.

Legislation:

The Transforming Children's Behavioral Health Policy and Planning Committee established pursuant to section 2-137 of the general statutes, shall (1) in collaboration with a state-wide association of school-based health centers, develop a survey for administration at such centers that is designed to obtain information concerning existing data collection practices and the anticipated challenges and opportunities presented by the implementation of more comprehensive data collection systems at such centers, and (2) in collaboration with the Commissioner of Public Health, develop appropriate reporting requirements for school-based health centers to determine and respond to the needs of school-based health centers. The committee may contract with a consultant to develop the survey required pursuant to this subsection.

(b) Not later than January 1, 2026, the Transforming Children's Behavioral Health Policy and Planning Committee shall submit a report, in accordance with the provisions of section 11-4a of the general statutes, to the joint standing committee of the General Assembly having cognizance of matters relating to public health. Such report shall include, but need not be limited to, the survey and reporting requirements developed.



Call to Action: Sign Up for a Subgroup!

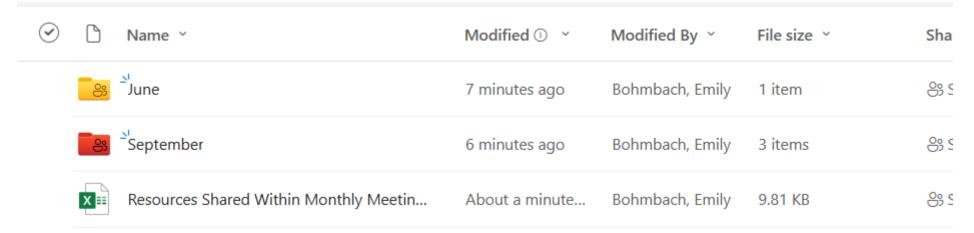
DRAFT workplans for the subgroups are just starting. Identified individuals from the legislation, or conversations regarding the legislation will receive emails within the next upcoming month. If you are interested in joining a subgroup, please fill out the form in the School Based Workgroup Drive.

Sign up sheet: School Based Subgroups.xlsx

My file	files > TCB School Based Materials > September Meeting Materials &						
	0	Name Y	Modified ① ~	Modified By ~	File size Y	Sharing ~	A
	•••	Advancing-CSMHS_September-2019 (1) (1	35 minutes ago	Bohmbach, Emily	4.69 MB	& Shared	
	X	School Based Subgroups.xlsx	August 27	Guest Contributor	14.6 KB	⇔ Shared	E
	•••	School Health Services Infographic - TCB S	35 minutes ago	Bohmbach, Emily	202 KB	⇔ Shared	

NEW! School Based Network Resources Folder

My files >	TCB School Based Materials 🕾				
D	Name Y	Modified ①	Modified By Y	File size Y	Sharing ~
000	April Meeting Materials	April 30	Bohmbach, Emily	7 items	⇔ Shared
္တ ိ	July Meeting Materials	July 03	Bohmbach, Emily	3 items	⇔ Shared
<u></u>	June Meeting Materials	May 28	Bohmbach, Emily	3 items	⇔ Shared
<u>ಿ</u>	May Meeting Materials	April 30	Bohmbach, Emily	4 items	⇔ Shared
ಂ	Meeting Recordings	May 06	Bohmbach, Emily	1 item	⇔ Shared
000	Membership List (living document)	April 30	Bohmbach, Emily	1 item	⇔ Shared
	Network Resources & Resources Shared in	June 11	Bohmbach, Emily	1 item	⇔ Shared
00	TCD 2025 2020 Stratogic Dlan	April 20	Dohmhach Emily	1 itom	00 Charad



Have a resource to share next month? Contact Any of Us:

Emily <u>ebohmbach@newhaven.edu</u>
Katerina <u>katerina.vlahos@unitedwaycwc.org</u>
Elizabeth <u>elizabeth.connors@yale.edu</u>



September Network Resources



City Beat

Education

Candidate

Opinion

Opinion: Mental Health Support Saved My Life – And It Changed Everything. But What If I'd Had to Wait?

By Marissa Lilliedahl Mangone

July 30, 2025 at 1:00 AM EDT

I don't remember the exact moment I realized I needed help. What I do remember is how quickly my parents responded when I reached that breaking point. They found a hospital. They found a therapist. They helped me navigate a system that can be overwhelming even for the experienced. They had the means, the knowledge, and the time to act.



TCB School Based workgroup member, Marissa Magnone, recently published an op-ed titled "Opinion: Mental Health Support Saved My Life- And it Changed Everything. But what if I'd Had to Wait?"

You can find the op ed here: Opinion: Mental Health Support Saved My Life - And It Changed Everything. But What If I'd Had to Wait? | Nancy on Norwalk

September Network Resources



Connecticut Association of School-Based Health Centers 2025 Conference

Navigating a Shifting Healthcare Landscape: How School-Based Health Centers Can Adapt To Continue

Register now for the School-Based Health Centers 2025 Conference! Don't miss your chance to hear from the inspiring Erin Walsh as our keynote speaker.



SECURE YOUR SPOT TODAY!

PRICES

Students: \$150

Subscribers: \$200

Non-subscribers: \$250

Date: November 11th, 2025

Time: 7:30 a.m. - 4:30 p.m.

Location: Heritage Hotel and Conference Center

Register Here!

This year, our conference will run from 7:30 AM to 4:30 PM, offering 5.75 CE credits!

CASBHC 2025 Conference

Will be held on November 11th, 2025

Link to register: CASBHC 2025 Annual
Conference: Navigating a Shifting Healthcare
Landscape - How School-Based Health Centers
Can Adapt to Continue | Weitzman Institute
Education



September Network Resources

Dr. Connors and her team at Yale and Columbia are leading a research study seeking to partner with community mental health organizations who:

- 1) Serve at least 50% youth of color
- Want to increase engagement and reduce dropout for teens of color with mood symptoms

Learn more about measurement-based care here

Contact elizabeth.connors@yale.edu if you know of



STAY

SEEKING CHILD OUTPATIENT MENTAL HEALTH CLINICS FOR RESEARCH STUDY

CULTURALLY TAILORED MEASUREMENT-BASED CARE:

Improving treatment engagement among youth of color (ages 12-17) with mood-related symptoms

STUDY GOALS

- Reduce treatment dropout
- · Improve treatment engagement

WHY THIS MATTERS

- Youth of color are 43% more likely to drop out of treatment than their White counterparts
- Adolescent depression rates are soaring and suicide attempts among some youth of color have increased

WHAT'S INVOLVED

We are looking for approximately 15 clinicians per clinic to participate in a 1-day MBC training and 6 group consultation calls

- Clinicians are asked to agree to:
 - Random assignment 1) MBC Essentials or 2) Culturally-tailored MBC
- Refer 5 eligible youth + their caregivers
- Complete 3 training feedback surveys
- Record 3 sessions for consented clients
- Youth & caregivers are asked to agree to:
- Complete 3 research interviews
- Have 3 sessions recorded
- Give permission for their clinic to share some treatment related data with the study team
- Clinics send requested treatment data to the research team for consented youth

WHAT'S MEASUREMENT-BASED CARE (MBC)?

The regular collection and use of client-reported measures to elevate youth and caregiver voice and guide shared decision-making



BENEFITS & COMPENSATION

- Clinicians will receive:
- Access to <u>Greenspace Health</u>, a MBC platform (valued at \$280/clinician)
- \$75 for completing 3 surveys
- \$10 for each audio recording
- Up to 15 CEUs for training
- Youth & Caregivers will receive:
- \$75 each for completing 3 surveys
- Clinics
- Stipends to offset the cost of clinician attendance to training and consultation

INTERESTED IN PARTICIPATING?

Email our team at STAY@tc.columbia.edu to learn more!





UNDERSTANDING SCHOOL HEALTH SERVICES:



What are School Health Services?

The broad umbrella of school-based services for student total well-being.

HEALTH

Physical, social,

emotional, and

and risk.

behavioral health

including substance use

SCHOOL

Services on school grounds/school campus, during/after hours, in all schools from Pre-K through 12th grade.



SERVICES

"Multi-tiered" supports that provide:

- Intervention/treatment for students with a disability or diagnosis (Tier 3)
- Early intervention for some students identified at risk or needing extra support (Tier 2)
- Promotion and prevention for all students (Tier 1)

How are services provided?



TIER 2Targeted

TIER 1Universal Promotion and
Prevention

Who Funds School Health Services?

School Health Services are funded by various sources, such as:

School District Budgets:

Cover the costs of most schoolemployed mental health professional salaries. Voted on annually by town/city residents.

Insurance Companies:

School districts and community partners can bill insurance to cover some services

CT State Agencies:

Department of Children and Families (DCF), Department of Public Health (DPH), Office of Early Childhood (OEC), Department of Mental Health and Addiction Services (DMHAS)

Federal/State/ Foundation Grants:

School districts, community partners, and/or state agencies apply for and receive grant funds for select initiatives and services

Who Delivers School Health Services?

An array of professionals deliver school health services, including:







Examples of School Health Services:



Mental health awareness clubs



Parent and outreach support



Health and mental health screening, disability and diagnostic assessment



Individual and group student services delivered at school

What are School Behavioral Health Services?



"School-based behavioral health services" refers to a full array of multitiered behavioral health services and supports including promotion, prevention, early intervention, and treatment for students in general and special education.

Partnerships are Essential











Effective, equitable and accessible school health services are accomplished through school- community- family partnerships.





Connecticut Association of **School-Based Health Centers** 2025 Conference

Navigating a Shifting Healthcare Landscape: How School-Based Health Centers Can Adapt To Continue

Register now for the School-Based Health Centers 2025 Conference! Don't miss your chance to hear from the inspiring Erin Walsh as our keynote speaker.



SECURE YOUR SPOT TODAY!

PRICES

Students: \$150

Subscribers: \$200

Non-subscribers: \$250

Date: November 11th, 2025

Time: 7:30 a.m. - 4:30 p.m.

Location: Heritage Hotel and Conference Center

Register Here!

This year, our conference will run from 7:30 AM to 4:30 PM, offering 5.75 CE credits!

https://education.weitzmaninstitute.org/content/casbhc-2025annual-conference-navigating-shifting-healthcare-landscapehow-school-based#group-tabs-node-course-default1





CT Association of School-Based Health Centers 2025 Conference

Navigating A Shifting Healthcare Landscape: How School-Based Health Centers Can Adapt to Continue

November 11, 2025 | Heritage Hotel & Conference Center

Become a Sponsor Today!

Sponsors of our annual conference will enjoy an opportunity to showcase and promote their unique brand in the school health field.

There are many ways to sponsor at our 2025 conference.

Platinum \$5,250

- ► Exclusive recognition as a Platinum sponsor on social media and during the event.
- ► Exhibitor table with two complimentary exhibitor lunches.
- ▶ One complimentary attendee registration.
- ▶ Your logo displayed on the event registration page, program, marketing materials, keynote stage, and logo tents in the ballroom.

Gold \$2,750

- ► Exhibitor table with two complimentary exhibitor lunches.
- ► Listing in the event program
- ► Your logo displayed on the logo tents in the ballroom.

Silver \$1,250

- ► Exhibitor table with two complimentary exhibitor lunches.
- Listing in the event program

If you can't be a sponsor but want to contribute, you can be listed as a FRIEND in the program. Contribution levels are \$400, \$600, and \$850.

REGISTER HERE!

https://forms.office.com/r/7TdnbsDFZL



Questions?



CT Association of School-Based Health Centers 2025 Conference

Navigating A Shifting Healthcare Landscape: How School-Based Health Centers Can Adapt to Continue

November 11, 2025 | Heritage Hotel & Conference Center

Exhibitor Registration is Open!

Join us for the premier advocacy, networking, and continuing education event for school-based health professionals in Connecticut. Don't miss out on direct access to an audience eager for your school based health-related products, ideas, or services.

EXHIBITOR INFORMATION

- Listing in the conference program
- Gourmet boxed lunches for two
- Premier exhibiting space
- Six-foot-long draped table in the Garden Room

EXHIBITOR SCHEDULE

7:00 AM: Arrive & Set Up

7:30 AM - 8:30 AM: Registration Open/Exhibiting

10:00 AM – 10:15 AM: Exhibiting 11:15 AM – 11:30 AM: Exhibiting 1:45 PM – 2:15 PM: Exhibiting

3:15-3:30: Exhibiting 3:30 PM: Breakdown

REGISTRATION FEES

For-profit Table: \$400 Non-profit Table: \$300 Connecticut has over 340 school-based health centers providing medical, behavioral, and dental services in 29 communities.

Attendees are interested goods &services related to child and adolescent health, school-based health, behavioral health, and oral health.

More than 200 participants annually, with attendance on the rise.

REGISTER HERE!

https://forms.office.com/r/L9vp2Zw30b



Questions?

TeenTalk Presentation

Ellen Brezovsky, LCSW
Director of Community Initiatives
ebrezovsky@kidsincrisis.org



KIC Services

- Emergency Shelter
- Crisis Services
- ❖ 24-hour Hotline
- Connections to resources
- ❖ Safe Talk
- ❖ Safe Place
- ❖ Teen Talk
- **❖**Lighthouse

Trained crisis counselors are available all day, every day

203-661-1911

One Salem Street Cos Cob, CT 06807





- Brief crisis focused individual and family counseling sessions with Masters Level Mental Health Clinicians
- Established in 1998 after Columbine
- Free Service for youth/families
- 17 locations in Fairfield County
- Confidentiality and ability to meet outside of school
- Focused on the General Education population which helps alleviate the workload on school mental health and counseling staff
- Wrap around services after school hours, vacations, weekends and summer with the 24/7 Helpline and resources of Kids In Crisis
- Expedited access to KIC Outreach and Respite Services
- Use of Ohio Scales to assess functioning as a pre and post evaluation tool
- Use of SBIRT to assess Substance Misuse





What makes TeenTalk unique?

- Confidentiality
- Separation from Academics
- Services Available Outside of School Hours (24/7 crisis hotline)
- Crisis and High-risk Behavior Training and Experience
- Kids In Crisis Resources





Location of Programs

Greenwich

- Eastern Middle School
- Central Middle School
- Western Middle School
- Greenwich Boys & Girls Club
- KidTalk at Hamilton Avenue Elementary School (opened May 2023)

Newtown

Newtown High School

Darien

- Darien High School (opened August 2023)
- Middlesex Middle School (opened August 2024)

Norwalk

- Brien McMahon High School
- Norwalk High School

<u>Ridgefield</u>

East Ridge Middle School Scotts Ridge Middle School Ridgefield High School

Stamford

AITE High School
Stamford Boys & Girls Club

Westport

Staples High School

Wilton

Wilton High School





Total served during FY 2025:

- 1,211 students received one-on-one individual Counseling
- An additional 777 students participated in Topic Groups
- An additional 3,753 individuals (students, teachers, parents) were reached through presentations made by the TeenTalk, KidTalk, and ClubTalk counselors.

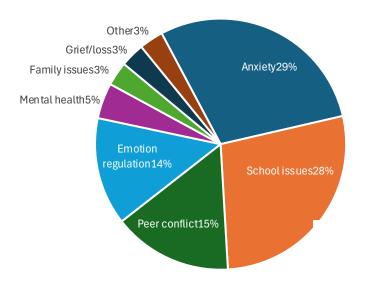
Counseling

- **6,380** Individual counseling sessions ("traditional" mental health counseling)
- 2,201 Informal sessions (brief or spontaneous "check-ins")
- 378 Peer mediation sessions (conflict resolution between students)
- **63** Small group counseling sessions

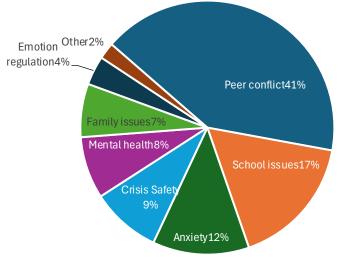


Presenting issues - by Age (Elementary, Middle & High School)

Elementary School - primary presenting issues

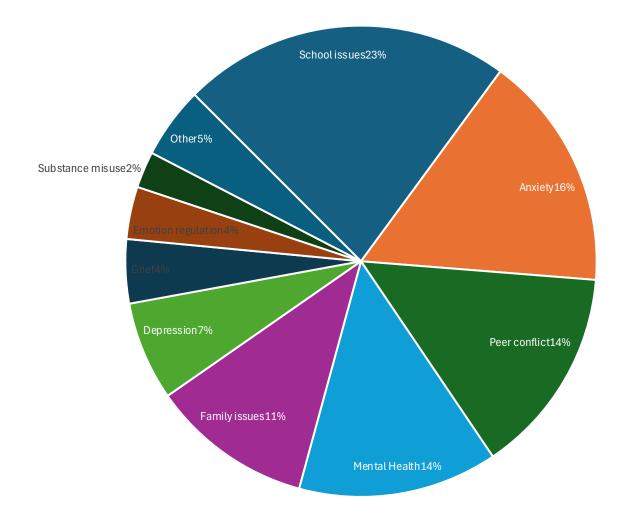


Middle Schools - primary presenting issues





High Schools - primary presenting issues







Funding considerations

- \$100,000 to run the program
- Counselors are employees of Kids In Crisis, paying their salary and fringe and providing supervision and program oversight
- KIC helps with part of the start up funding through foundations, grants and donors the first year, with the expectation that the town/BOE will fully fund in the following years
- No cost to youth/families
- Due to ongoing budget constraints within towns/BOE, we are now looking to offer these services in community locations such as libraries.

